



Cautionary Statement Concerning Use of Prescription Appetite Suppressants

Some patients may not be good candidates for prescription appetite suppressant use due to various reasons:

1. Due to potential side effects from these medications or previous known side effects from taking these medications.
2. Potential adverse interactions with other prescription medications or over the counter medications that a patient might already be taking. Please notify our staff and doctor of any current medications you are taking or may have recently taken.
3. Absolute contraindications due to medical history in some patients such as those with a history of:
 - a. Cardiovascular Disease, Previous Heart Attacks, Stroke, Documented Angina, Abnormal Heart Rhythm, Untreated Hypertension (elevated blood pressure)
 - b. Diabetes Mellitus, Uncontrolled or poorly controlled with medications. Diabetic patients on weight control programs need to monitor their blood sugars closely, and adjust medication dosage as dictated by their primary care physician.
 - c. Neurological Abnormalities such as undiagnosed weakness, history of chronic undiagnosed headaches or multiple sclerosis.
 - d. Anxiety/Panic Disorder, controlled or uncontrolled with medication use.
 - e. Current therapy with certain antidepressant medications (SSRI class medications)
 - f. Glaucoma in one or both eyes.
 - g. Thyroid disorders, except those with adequately treated and monitored under-active thyroid disease.
 - h. Patients who are pregnant or are trying to conceive, should not be taking prescription appetite medications. Please notify our staff or doctor should you have any missed or irregular periods.
 - i. Mothers who are breastfeeding should not use prescription appetite suppressants.
 - j. Patients with a history of alcohol and/or drug abuse should not use appetite suppressants.
4. Age may also be a factor in prescribing these medications and is at the discretion of the examining and treating physician.
5. Certain physical findings such as heart murmurs or carotids bruits or unexplained leg edema may prohibit the use of these medications.